

FOOD ALLERGIES

ON CAMPUS

UA Dining Services supports students who have food allergies by providing information & knowledge that is necessary to make informed food choices. Here is how a student can be proactive in the management of their food allergies:

1. **CONTACT** UA Dining Services to develop a plan to safely navigate dining on campus
2. **BE AWARE** that food prepared in our kitchen may have come in contact with common food allergies - special measures can help to minimize risks
3. **READ** station signage, menus & ingredient information in order to **BE BETTER INFORMED**
4. **BE AWARE** of HIGH - RISK foods & locations
5. **NOTIFY** the manager on duty if you have a question during a meal

INDIVIDUAL RESPONSIBILITIES

1. **ALWAYS** carry your Epinephrine auto - injector (i.e. EPI - PEN) as prescribed/recommended by your physician
2. **BE PROACTIVE** in self - management of your allergies
3. **KNOW WHAT TO DO** in the event of an allergic reaction
4. **SCHEDULE** a consultation with UA Dining Services to review the dining program on campus

ALLERGIC REACTIONS

1. **GET HELP IMMEDIATELY** - Call **UAPD 2-911** from an on campus phone
2. Administer your EPI - PEN or take an antihistamine as prescribed or recommended by your physician
DO NOT IGNORE MINOR SYMPTOMS
3. **DO NOT RETURN** to your room or residence hall by yourself - Call **UAPD 2-911**
4. **NOTIFY** UA Dining Services of food-related reactions as soon as possible to address the incident

RESOURCES

1. Visit <http://akron.campusdish.com/> for more information on UA Dining Services
2. The University of Akron Nutrition Center at 330.972.2836 or email: nutritioncenter@uakron.edu
3. Student Health Services at 330.972.7808 for EpiPen prescriptions and guidance on allergies
4. Connect with the Office of Accessibility on their website at www.uakron.edu/ACCESS/



The University of Akron
Dining Services